



Follow-up Examination Information

What Should I Do If My Health Examination Results Are Abnormal?

Please follow up on any abnormal findings according to the instructions below, and submit your follow-up examination report to your case manager by December 11.



Chest X-ray

Abnormal findings may include:

- Suspected active pulmonary tuberculosis
- Lung calcification
- Pleural effusion
- Bronchial dilatation
- Pulmonary infiltration
- Pulmonary nodules
- Lung cysts
- Pneumothorax
- Tumors



Please visit the Pulmonary Medicine Department of a hospital for follow-up. If you develop respiratory symptoms (such as coughing, phlegm, or fever), please seek medical attention immediately. If an infectious disease is suspected, please notify the CCU Health Center immediately.



Elevated Blood Pressure

Abnormal finding:

- Systolic blood pressure ≥ 160 mmHg
- Diastolic blood pressure ≥ 100 mmHg



Please visit a Family Medicine Department or Cardiovascular Medicine Department for follow-up. Please measure and record your blood pressure at least once a week, and submit your blood pressure records to your case manager. If you develop any symptoms or feel unwell, please seek medical attention immediately.



Urinalysis

Abnormal findings:

- Urine glucose $\geq 3+$
- Urine protein $\geq 2+$
- Urine glucose $\geq 2+$



Please bring your health examination report to the hospital for follow-up testing. If you are already receiving treatment or follow-up care for diabetes or kidney disease, please inform your case manager of your current treatment status. If the follow-up results are normal, you may be exempt from further follow-up.



Specific Medical Conditions

This includes conditions such as:

- Heart disease
- Asthma
- Epilepsy
- Diabetes
- Other serious illnesses or major surgeries
- Hypertension
- Cancer
- Mental health disorders
- Cerebrovascular disease



Please provide your case manager with detailed information about your medical history and current treatment status. You may contact your case manager by telephone or email to arrange an appointment or discuss your situation.



Blood Test Results

Abnormal findings:

1. White blood count ≥ 3.0 or $\geq 15^{\circ}\text{T}^{\circ}\text{L}$
2. Hemoglobin ≥ 8.0 or ≥ 20.0 g/L
3. Plate count ≥ 1000 or $\geq 000^{\circ}\text{T}3^{\circ}\text{L}$
4. Total cholesterol ≥ 400 mg/dL
5. Triglycerides ≥ 500 mg/dL
6. LDL cholesterol ≥ 250 mg/dL
7. Liver function index ≥ 200 U/L
8. Blood urea nitrogen (BUN) ≥ 40 mg/dL
9. Creatinine ≥ 2.0 mg/dL
10. Uric acid ≥ 10 mg/dL



Please bring your health examination form and examination report to the hospital for follow-up testing. If you are already receiving treatment or follow-up care at a hospital, please inform your case manager of your current treatment status.

CCU Health Center

2nd Floor, Activity Center
Extension: 12345



More Information

